ABSTRACT OF THE DISCLOSURE

A recording/reproducing apparatus and a recording/reproducing method for reducing a load which must be borne when image data is obtained, enabling a title image to flexibly be processed, information for a sufficiently long time to be recorded and images to collectively be downloaded and arranged to display full information in a floppy disc. The recording/reproducing apparatus incorporates a DV recording/reproducing signal processing circuit for recording/reproducing a signal to and from a recording medium; a PCMCIA I/O/ATA I/F processing circuit for interfacing with the PCMCIA standard; a PCMCIA connector for establishing the connection with an external FDD; key blocks with which input is performed; and a control circuit for controlling the circuits.